

Quarterly GloCo Meeting

June 24th, 2021

Agenda:

- Introductions in “Chat” function
- GloCo website
- Main Discussion Topic(s)
- Future Education Conferences
- Wrap up with a motivational sendoff quote (next up...)



Website

- www.glocofit.org
 - Discussion/post, subscribe, member profiles, zoom meetings



Discussion Topics:

Talking Points to Support CFP's

Talking points you have used to convince your institution that a cardiac fitness program for CHD is worth supporting!

- Common barriers, funds, concept acceptance, priority list, understanding at leadership level...
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Talking Points to Support CFP's- WHAT IS THE WHY?

- Issues: implementation, staffing, finances, cultural “second rate”- not in the priority list
- How to advocate?
 - Consider seed money for proof of concept
 - Do careful **business plan**
 - Ask for what is really needed and then show return on that investment (ie, get enough FTE and then show billing opportunities)
 - Do timeline that shows make time to be financially solvent
 - Look at adult models
 - Consider partnerships- like connecting with adult colleagues
 - Cultural ideas- address why a CFP hits on values that are important to your institution/practice:
 - Patient satisfaction
 - Patient outcomes
 - Increasing patient confidence
 - Academic output
 - Highlight multidisciplinary approach (ex phys, PT, nutrition etc)
 - Champions- management, MD input, overall buy-in
 - Capture available patients (inpatients- gain success esp for pre-TX)
 - Safety?
 - Careful risk stratification and patient selection
 - Look at data in other “risky” populations (elderly with MI?)
 - Physiologic monitoring in person (telemetry)- define policy
 - Provide physiologic monitoring for home/virtual use? FitBit, home telemetry, Pox etc
 - Cinci uses FitBit and Garmin, kids like latest
 - Apple Watch data in adult heart failure
 - If patient already owns, try to leverage
 - Consider in person before rolling to virtual for form, telemetry, motivation, symptoms, reassurance
 - Develop emergency management plan (chat function: where is patient, who else is home, contact #s)

VO2max Metric – The Good, The Bad...

- How many are reporting on it?
 - Has it been a useful measure?
 - Are there other metrics we should be tracking?
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- *To be discussed later!*



Save the Dates 2021:

September 25th 9am – Second annual CF symposium

December 9th 4:00pm – 3rd quarterly meeting

Any other dates people want to share

Wrap up

- Please use the post function on the GloCo website to generate topics for next meeting

Today's quotes are from Cincinnatiati

GloCO
Tradition:
Quotes to
reflect on

